



The Spirit FM

# LOCAL HERO AWARDS

Supported by **Checkatrade.com**  
Where reputation matters

Do you know someone who has made a difference?

Join Spirit FM and Check-a-Trade in celebrating those who've helped the local community, by voting for someone who has helped or inspired you; let us give them the recognition they deserve!

Closing date:  
Monday September 13th at 4pm for nominations



Overall Sponsor  
Checkatrade

Make a Community Difference Award  
Sponsored by Natures Way

Inspiration to Others Award  
Sponsored by West Sussex Fire & Rescue, SDSA

Bravery Award  
Sponsored by Frosts 4 Cars

Child of Achievement Award  
Sponsored by Explore Learning

Carer of the Year  
Sponsored by Acre Care

Sports Achievement Award  
Sponsored by Spirit FM

Parent/Guardian of the Year  
Sponsored by WKB Toyota

Charity Fundraiser of the Year  
Sponsored by Joseph James Garden Buildings

The Eco Award  
Sponsored by Earth Cycle

West Sussex Lifetime Dedication Award  
Sponsored by The Harwoods Group

Neighbour of the Year Award  
Sponsored by Smooth Moves Removals

999 Award  
Sponsored by The Natural Denture Clinic



# NOMINATE YOUR HERO!

Fill in the details below about yourself and your nominee...

...and tell us why you think they deserve to be shortlisted!

## The Nominator

Name	
Address	
Postcode	
Telephone	
E-mail	

## The Nominee

Name		Age	
Address			
Postcode			
Telephone			
E-mail			

## Which award are you nominating for?

Category	
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## Why have you nominated them?

Reason/s	

Send your completed forms to: Spirit FM, 9-10 Dukes Court, Bognor Road, Chichester, West Sussex PO19 8FX,  
or alternatively e-mail [sally.austin@spiritfm.net](mailto:sally.austin@spiritfm.net) with your nomination.